

Food Choices for Classroom Celebrations:

(SR = Shop Rite)

Drinks

Water
Seltzer (plain)
Apple juice

Fruits/Vegetables

Oranges
Apples
Grapes
Melon
Berries
Pre-packaged fruit cups
(if sugar is not the first
ingredient)
Kiwi
Carrots
Cucumbers
Celery
Broccoli
Tomatoes
(low fat dressing for dips)
Applesauce
Bananas
Watermelon
Non fat whipped cream

Finger foods

Bagels (Nick's)
Nut-free muffins (SR)
(no chocolate chips)
Pizza (Soprano's)
Cornbread (SR)
Pretzels(Bachman/SR)
Popcorn (Bachman/SR)
Cheese & Crackers
(triscuits, wheat thins)
Baked Tortilla chips & salsa
Graham Crackers (Nabisco)
Low fat Yogurt (Stonyfield SR)
Sugar free jello
Goldfish Crackers
Thomas English Muffin Pizza
Pirate Booty
Cream Cheese(Philadelphia SR)
String Cheese (Polly)
Bread Sticks (Pillsbury)
Ritz Crackers
Sun Chips
Spinach & Cheese dip
Strawberry & yogurt Parfait
Ore Ida Bagel Bites
Nut free granola
Low fat Kemps vanilla frozen. yogurt 4oz
Firecrackers (Popsicle brand)
Scribblers (popsicle brand)